

# EASTERN JOURNAL OF PSYCHIATRY

OFFICIAL PUBLICATION OF THE INDIAN PSYCHIATRIC SOCIETY:  
EAST ZONE

Online ISSN (0976-0334), ISSN 0974-1313

Volume 21, January - December 2018

## **Journal Advisory Committee**

### **Chairperson**

Dr. S. K. Deuri (Assam)

### **Members**

Dr. Sudhir Tindivanam (Jharkhand)  
Dr. Sanjiba Dutta (Gangtok)  
Dr. Jyotirmoy Ghosh (Tripura)  
Dr. Ranadeep Ghosh Ray (West Bengal)

## **Journal Committee**

### **Chairpersons**

Dr. Om Prakash Singh

### **Members**

Dr. A. K. Mallick (West Bengal)  
Dr. Vinay Kumar (Bihar)  
Dr. Gautam Saha (West Bengal)  
Dr. P. K. Singh (Bihar)

### **Ex-Officio Members**

Dr. T. Sudhir  
Dr. A. K. Mallick  
Dr. Sri Kumar Mukherjee

## **Editorial Board**

### **Editor**

Dr. Sujit Sarkhel  
Associate Professor  
Institute of Psychiatry, Kolkata  
Email : sujitsarkhel@gmail.com

### **Members**

Dr. Sayeed Akhtar (Jharkhand)  
Dr. Col. C. S. Sharma (Bihar)  
Dr. Kangan Pathak (Assam)  
Dr. K. S. Devi (Manipur)  
Dr. Rajanikant Sukla (Odisha)  
Dr. Abhay Dey (West Bengal)  
Dr. Neelanjana Paul (West Bengal)  
Dr. Kamlesh Kumar Sahu (Chandigarh)  
Dr. Subir Bhattacharjee (West Bengal)  
Dr. Amlan Kusum Jana (West Bengal)  
Dr. Imon Paul (West Bengal)  
Dr. Sanjay Sen (UK)

Eastern Journal of Psychiatry is the official publication of Indian Psychiatric society-Eastern Zonal Branch. Eastern Journal of Psychiatry publishes original work in all fields of Psychiatry. All correspondence including manuscripts for publication should be sent to the Honorary Editor, Eastern Journal of Psychiatry, E-mail : sujitsarkhel@gmail.com The material published in the Eastern Journal of Psychiatry does not necessarily reflect the views of the Editor or the Indian Psychiatric society -Eastern Zonal Branch. The publisher is not responsible for any error or omission of fact. The appearance of the advertisement or product information in the Journal does not constitute an endorsement or approval by the Journal and / or its publisher of the quality or value of the said product or of claims made for it by its manufacturer.

### **Distinguished Past Editors**

Dr. S. Akhtar : 1998-2000  
Dr. V.K. Sinha : 2001-2002  
Dr. Vinay Kumar : 2003-2005  
Dr. Kangan Pathak : 2006-2010  
Dr. Anil Kumar : 2010-2013  
Dr. O.P. Singh : 2014-2018

Online at : [www.easternjpsychiatry.org](http://www.easternjpsychiatry.org)

# INDIAN PSYCHIATRIC SOCIETY

## EASTERN ZONAL BRANCH

Secretariat : Department of Psychiatry, RIMS, Imphal - 795004, Manipur  
Phone : 0385 2416474, www.ipsez.org

### INDIAN PSYCHIATRIC SOCIETY, EASTERN ZONAL COMMITTEE 2017-18

<b>Dr. Sanjiba Dutta</b> <b>President</b> SMIMS & CRH 5 <sup>th</sup> Mile Tadong East Sikkim Gangtok - 737102 M : 09434356197 Email : sanjibadutta@rediffmail.com	<b>Dr. Gautam Saha</b> <b>Vice-President</b> 19/C, Pineer Park Barasat Kolkata - 700124, West Bengal M : 09830055235 Email : drgsaha@yahoo.co.in	<b>Dr. R.K. Lenin Singh</b> <b>Hony. Secretary</b> Wangkhei, Ningthem Pukhri Mapal, Imphal East - 795001, Manipur M : 09862088736 Email : leninrk@yahoo.com	<b>Dr. Abir Mukherjee</b> <b>Hony. Treasurer</b> CL 123, 2nd Floor Salt Lake, Sector 2 Kolkata - 700091 M : 09007008971 Email : abirm2001@yahoo.co.in	<b>Dr. Sujit Sarkhel</b> <b>Hony. Editor</b> 12A/13/2, Pasupati Bhattacharjee Road Charaktola, Kolkata - 700034 M : 09836074700 Email : sujitsarkhel@gmail.com
--	--	---	---	--

### Executive Council (2017-2018)

**Imm. Past President :**  
Dr. H. R. Phookun  
09864041907  
Email: drclnarayan@gmail.com

**Imm. Past Secretary:**  
Dr. Srikumar Mukherjee  
09830029598  
Email: skmukherjee50@gmail.com

### Executive Council Members :

<b>Dr. Anweshak Das</b> 09435731314 Email: drjd22@gmail.com	<b>Dr. S. Gojendra Singh</b> 09436036407 Email: drgojendra@gmail.com	<b>Dr. Deepanjali Medhi</b> 09435115263 Email: deepanjali.medhi@yahoo.com
<b>Dr. Nishant Goyal</b> 09431171162 Email: psynishant@gmail.com	<b>Dr. Lumding Star Kharlukhi</b> 09863092069 Email: drlskharlukhi@gmail.com	<b>Dr. Chittaranjan Dash</b> 09437556410 Email: chittaranjan@yahoo.com
<b>Dr. Satish Rasaily</b> 08348406355 Email: s_rasaily@yahoo.com	<b>Dr. Dipayan Sakar</b> 08805158463 Email: drdipayans@yahoo.com	<b>Dr. Ashok Kumar Sen Gupta</b> 09434356198 Email: ashokc_sen@yahoo.com
<b>Dr. J.P. Rusell Ravan</b> 09438882007 Email: jpr_219@yahoo.co.in		

### Representatives to Central Council :

**Dr. Tophan Pati**  
09437064922  
Email: tophanp@gmail.com

**Dr. Srikumar Mukherjee**  
09830029598  
Email: skmukherjee50@gmail.com

### Chairpersons - Sub Committees :

<b>Journal:</b> Dr. O. P. Singh 09434013231 Email: opsingh.nm@gmail.com	<b>Scientific:</b> Dr. Sudhir Tindivanam 09431127230 Email: sudhir_32001@yahoo.com	<b>Finance:</b> Dr. R.R. Ghoshroy 09830055335 Email: roy.ranadipghosh@gmail.com
<b>Award:</b> Dr. Soumitra Ghosh 09435030766 Email: drghosh640@yahoo.co.in	<b>CME:</b> Dr. Shyamanta Das 09864501214 Email: dr.shyamantadas@gmail.com	<b>Media:</b> Dr. Shantibala D. Kojiam 09862578722 Email: beeshantam@gmail.com
<b>Constitution:</b> Dr. Prabir Paul 09830028697 Email: paulprabir5in@gmail.com	<b>Ethics:</b> Dr. C.L. Narayan 09431223370 Email: drclnarayan@gmail.com	<b>Conference:</b> Dr. U. K. Sinha 09431028685 Email: dr.uksinha@gmail.com
<b>Website:</b> Dr. Amrit Pattojoshi 06742551089 Email: dramrit@yahoo.com	<b>R+D:</b> Dr Debashish Sanyal 09830137057 Email: drdebashishsanyal@vsnl.net	<b>Geriatrics Psy:</b> Dr. Neelanjana Paul 09433831692 Email: neelanjana.paul@gmail.com
<b>Membership:</b> Arabinda Brahma 09830066869 Email: drarabindabrahma04@yahoo.com	<b>Publication:</b> Dr. Sujit Sarkhel 09836074700 Email: sujitsarkhel@gmail.com	

### Representative of State to Zone :

**Assam** – Dr. Nasid S Islam  
09101692121  
Email: islam.nahid@rediffmail.com

**Bihar** – Dr. Rakesh Kumar  
09430832627  
Email: rkumar\_iwy@sify.com

**Jharkhand** – Dr. N. Goyal  
09431171162  
Email: psynishant@gmail.com

**Manipur** – Dr. S. Manikanta  
09862556938  
Email: dr.smanikanta@gmail.com

**Meghalaya** – Dr. LS Kharlukhi  
09863092069  
Email: drlskharlukhi@gmail.com

**Orissa** – Dr. Ashrumochan Sahoo  
09437852677  
Email: drashru@gmail.com

**Tripura** – Dr. Bimal Bhowmik  
09436122308  
Email: bimalkrishnabhowmic@gmail.com

**W.B.** – Dr. Debashish Sanyal  
09830137057  
Email: drdebashishsanyal@vsnl.com



# Eastern Journal of Psychiatry

Official Publication of the Indian Psychiatric Society  
– East Zone

ISSN 0974-1313

January - December 2018

---

---

## CONTENTS

---

---

### EDITORIAL

#### ORIGINAL ARTICLE

Awareness of Disability Certificate uses among  
the Caregivers of Persons with Mental Illness..... 1  
VIKAS KUMAR, DR. NARENDRA KUMAR SINGH

A Study Exploring the Attachment Pattern and Parenting  
Style in Adolescent Males with Obsessive Compulsive Disorder (OCD) ..... 8  
APARAJITA CHAKRABORTY, BIDITA BHATTACHARYA

#### REVIEW ARTICLE

Child and adolescent suicide :  
Facts, assessment and preventive strategies ..... 16  
SUBIR BHATTACHARJEE

#### CME

Sleep dysfunction in Depression - Implication in Therapy ..... 20  
SESHADRI SEKHAR CHATTERJEE

#### CASE STUDY

Multidimensional assessment of psychological  
and neuropsychological factors associated with  
psychogenic vertigo/psychiatric dizziness : A case study ..... 24  
SREETAMA CHATTERJEE, BIDITA BHATTACHARYA  
AND APARAJITA CHAKRABORTY