

EASTERN JOURNAL OF PSYCHIATRY

OFFICIAL PUBLICATION OF THE INDIAN PSYCHIATRIC SOCIETY:
EAST ZONE

Online ISSN (0976-0334), ISSN 0974-1313
Volume 19, Number - 2, July - December 2016

Journal Advisory Committee

Chairperson

Dr. S. K. Deuri (Assam)

Members

Dr. Sudhir Tindivanam (Jharkhand)
Dr. Sanjiba Dutta (Gangtok)
Dr. Jyotirmoy Ghosh (Tripura)
Dr. Ranadeep Ghosh Ray (West Bengal)

Journal Committee

Chairpersons

Dr. Om Prakash Singh

Members

Dr. A. K. Mallick (West Bengal)
Dr. Vinay Kumar (Bihar)
Dr. Gautam Saha (West Bengal)
Dr. P. K. Singh (Bihar)

Ex-Officio Members

Dr. T. Sudhir
Dr. A. K. Mallick
Dr. Sri Kumar Mukherjee

Editorial Board

Editor

Dr. Om Prakash Singh
Professor,
NRS Medical College, Kolkata
E-mail: opsingh.nm@gmail.com

Assistant Editor

Dr. Sujit Sarkhel
Assistant Professor, Institute of Psychiatry, Kolkata

Members

Dr. Sayeed Akhtar (Jharkhand)
Dr. Col. C. S. Sharma (Bihar)
Dr. Kangan Pathak (Assam)
Dr. K. S. Devi (Manipur)
Dr. Rajanikant Sukla (Odisha)
Dr. Abhay Dey (West Bengal)
Dr. Neelanjana Paul (West Bengal)
Dr. Kamlesh Kumar Sahu (Chandigarh)
Dr. Subir Bhattacharjee (West Bengal)
Dr. Amlan Kusum Jana (West Bengal)
Dr. Imon Paul (West Bengal)
Dr. Sanjay Sen (UK)

Eastern Journal of Psychiatry is the official publication of Indian Psychiatric society-Eastern Zonal Branch. Eastern Journal of Psychiatry publishes original work in all fields of psychiatry. All correspondence including manuscripts for publication should be sent to the Honorary Editor, Eastern Journal of Psychiatry, E-mail : opsingh.nm@gmail.com. The material published in the Eastern Journal of Psychiatry does not necessarily reflect the views of the Editor or the Indian Psychiatric society -Eastern Zonal Branch. The publisher is not responsible for any error or omission of fact. The appearance of the advertisement or product information in the Journal does not constitute an endorsement or approval by the Journal and / or its publisher of the quality or value of the said product or of claims made for it by its manufacturer.

Distinguished Past Editors

Dr. S. Akhtar : 1998-2000
Dr. V.K. Sinha : 2001-2002
Dr. Vinay Kumar : 2003-2005
Dr. Kangan Pathak : 2006-2010
Dr. Anil Kumar : 2010-2013

Online at : www.easternjpsychiatry.org

INDIAN PSYCHIATRIC SOCIETY

EASTERN ZONAL BRANCH

Secretariat : Department of Psychiatry, RIMS, Imphal - 795004, Manipur
Phone : 0385 2416474, www.ipsez.org

INDIAN PSYCHIATRIC SOCIETY, EASTERN ZONAL COMMITTEE 2015-16

Dr. C. L. Narayan President Deepayan, Tiha, Kalibari Gaya - 823001 Gaya, Bihar M : 09431223370 Email : drclnarayan@gmail.com	Dr. H. R. Phookun Vice President H. No. - 78, T. R. Phookun Road Bharalumukh Guwahati - 781009 M : 09864041907 Email : hrphookun@gmail.com	Dr. R. K. Lenin Singh Hony. Secretary Wangkhei, Ningthem Pukhri Mapal, Imphal East - 795001 Manipur M : 09862088736 Email : leninrk@yahoo.com	Dr. Abir Mukherjee Hony. Treasurer CL 123, 2nd Floor Salt Lake, Sector 2 Kolkata - 700091 M : 09007008971 Email : abirm2001@yahoo.co.in	Dr. Om Prakash Singh Hony. Editor AA 304, Ashabari Apartments O/31, Baishnabghata Patuli Township, Kolkata 700094 M : 09434013231 Email : opsingh.nm@gmail.com
--	--	---	---	--

Executive Council (2015-2016)

Imm. Past President :
Dr. Asim Kumar Mallick
09830045662
Email : drakm_58@yahoo.co.in

Imm. Past Secretary :
Dr. Srikumar Mukherjee
09830029598
Email : skmukherjee50@gmail.com

Executive Council Members :

Dr. Kamal N. Kalita 09435113426 Email : knkalita@gmail.com	Dr. S. Gojendra Singh 09436036407 Email : drgojendra@gmail.com	Dr. Deepanjali Medhi 09435115263 Email : deepanjali.medhi@yahoo.com
Dr. Mahesh Hembram 09204234793 Email : maheshincip@gmail.com	Dr. Lumding Star Kharlukhi 09863092069 Email : drlskharlukhi@gmail.com	Dr. S. P. Swain 09861014757 Email : drspswain@rediffmail.com
Dr. Shantibala D. Kojiam 09862578722 Email : beeshantam@gmail.com	Dr. Dipayan Sakar 08805158463 Email : drdipayans@yahoo.com	Dr. K. P. Sharma 09709764610 Email : drkpsanjivani@gmail.com
	Dr. Jyotirmoy Ghosh 09436465793 Email : dr.jyotirmoyghosh55@gmail.com	

Representatives to Central Council :

Dr. H. K. Goswami
09435394794
Email : goswamihiranya@yahoo.co.in

Dr. S. K. Munda
09431593648
Email : drsanjaymunda@gmail.com

Chairpersons - Sub Committees :

Journal : Dr. O. P. Singh 09434013231 Email : opsingh.nm@gmail.com	Membership : Arabinda Brahma 09830066869 Email : drarabindabrahma04@yahoo.com	R+D : Dr. Debashis Chatterjee 09830060702 Email : c.dev59@gmail.com
Award : Dr. Malay Ghosal 09830161513 Email : ghosal.malay@gmail.com	Scientific : Dr. Sudhir Tindivanam 09431127230 Email : sudhir_32001@yahoo.com	Publication : Dr. Sujit Sarkhel 09836074700 Email : sujitsarkhel@gmail.com
Constitution : Dr. R. R. Ghoshroy 09830055335 Email : roy.ranadipghosh@gmail.com	CME : Dr. Basudeb Das 09431108544 Email : drbasudeb_cip@yahoo.co.in	Finance : Dr. Vinay Kumar 09431011775 Email : dr.vinaykr@gmail.com
Website : Dr. Prabir Paul 09830028697 Email : paulprabir5in@gmail.com	Ethics : Dr. Tophan Pati 09437064922 Email : tophanp@gmail.com	Conference : Dr. U. K. Sinha 09431028685 Email : dr.uksinha@gmail.com

Representative of State to Zone :

Assam – Dr. Utpal Bora 09435160392 Email : drubindia77@rediffmail.com	Manipur – Dr. S. Manikanta 09862556938 Email : dr.smanikanta@gmail.com	Tripura – Dr. Bimal Bhowmik 09436122308 Email : bimalkrishnabhowmic@gmail.com
Bihar – Dr. Sanjay Kumar 09472001530 Email : ritulbaua@gmail.com	Meghalaya – Dr. L. S. Kharlukhi 09863092069 Email : drlskharlukhi@gmail.com	W.B. – Dr. Ranjan Bhattacharyya 09433053389 Email : drrbc@gmail.com
Jharkhand – Dr. N. Goyal 09431171162 Email : psynishant@gmail.com	Orissa – Dr. P. K. Mohapatra 09861042539 Email : drpk2@rediffmail.com	



Eastern Journal of Psychiatry

Official Publication of the Indian Psychiatric Society
– East Zone

ISSN 0974-1313

July - December 2016

CONTENTS

EDITORIAL

- Towards Decriminalization of Suicide : A Big Step Forward1
OM PRAKASH SINGH

ORIGINAL ARTICLE

- Role of Belief About and Adherence to Medication on.....3
Symptom Severity and Quality of Life of Patients Suffering
from Major Depressive Disorder Residing at Urban and
Rural Areas of West Bengal
SUCHARITA CHATTERJEE, ABHIRUCHI CHATTERJEE
ATANU KR. DOGRA, SADHAN DAS GUPTA
- The Prevalence of Hazardous Drinking & its Correlates in a Community.....14
in Gyalshing, West Sikkim, India
THINLEY WONGYAL, SATISH RASAILY, P. SANKARA SARMA
- Cognitive Functions in Bipolar affective Disorder Current Episode Depression20
NEHA SAYEED, AMOOL RANJAN SINGH
- Gender Differences in Self-Concept among School Going Adolescents.....31
NARENDRA KUMAR SINGH, NISHANT GOYAL, VINIT KUMAR SINGH
- Screening of Psychiatric Disorders : A Step Forward Towards Safe Blood Donation.....38
SHIVENDRA SHEKHAR, CHOUDHARY LAXMI NARAYAN AND DEEP SHIKHA

REVIEW ARTICLE

- Autism Spectrum Disorder - An Overview42
BINITA TALUKDAR, NIPAN DEKA

