

# EASTERN JOURNAL OF PSYCHIATRY

OFFICIAL PUBLICATION OF THE INDIAN PSYCHIATRIC SOCIETY:  
EAST ZONE

Online ISSN (0976-0334), ISSN 0974-1313  
Volume 19, Number - 1, January - June 2016

## **Journal Advisory Committee**

### **Chairperson**

Dr. S. K. Deuri (Assam)

### **Members**

Dr. Sudhir Tindivanam (Jharkhand)  
Dr. Sanjiba Dutta (Gangtok)  
Dr. Jyotirmoy Ghosh (Tripura)  
Dr. Ranadeep Ghosh Ray (West Bengal)

## **Journal Committee**

### **Chairpersons**

Dr. Om Prakash Singh

### **Members**

Dr. A. K. Mallick (West Bengal)  
Dr. Vinay Kumar (Bihar)  
Dr. Gautam Saha (West Bengal)  
Dr. P. K. Singh (Bihar)

### **Ex-Officio Members**

Dr. T. Sudhir  
Dr. A. K. Mallick  
Dr. Sri Kumar Mukherjee

## **Editorial Board**

### **Editor**

Dr. Om Prakash Singh  
Professor,  
NRS Medical College, Kolkata  
E-mail: opsingh.nm@gmail.com

### **Assistant Editor**

Dr. Sujit Sarkhel  
Assistant Professor, Institute of Psychiatry, Kolk.

### **Members**

Dr. Sayeed Akhtar (Jharkhand)  
Dr. Col. C. S. Sharma (Bihar)  
Dr. Kangan Pathak (Assam)  
Dr. K. S. Devi (Manipur)  
Dr. Rajanikant Sukla (Odisha)  
Dr. Abhay Dey (West Bengal)  
Dr. Neelanjana Paul (West Bengal)  
Mr. Kamlesh Kumar Sahu (Chandigarh)  
Dr. Subir Bhattacharjee (West Bengal)  
Dr. Amlan Kusum Jana (West Bengal)  
Dr. Imon Paul (West Bengal)  
Dr. Sanjay Sen (UK)

Eastern Journal of Psychiatry is the official publication of Indian Psychiatric society-Eastern Zonal Branch. Eastern Journal of Psychiatry publishes original work in all fields of psychiatry. All correspondence including manuscripts for publication should be sent to the Honorary Editor, Eastern Journal of Psychiatry, E-mail : opsingh.nm@gmail.com. The material published in the Eastern Journal of Psychiatry does not necessarily reflect the views of the Editor or the Indian Psychiatric society -Eastern Zonal Branch. The publisher is not responsible for any error or omission of fact. The appearance of the advertisement or product information in the Journal does not constitute an endorsement or approval by the Journal and / or its publisher of the quality or value of the said product or of claims made for it by its manufacturer.

### **Distinguished Past Editors**

Dr. S. Akhtar : 1998-2000  
Dr. V.K. Sinha : 2001-2002  
Dr. Vinay Kumar : 2003-2005  
Dr. Kangan Pathak : 2006-2010  
Dr. Anil Kumar : 2010-2013

Online at : [www.easternjpsychiatry.org](http://www.easternjpsychiatry.org)

# INDIAN PSYCHIATRIC SOCIETY

## EASTERN ZONAL BRANCH

Secretariat : Department of Psychiatry, RIMS, Imphal - 795004, Manipur  
Phone : 0385 2416474, www.ipsez.org

### INDIAN PSYCHIATRIC SOCIETY, ESTERN ZONAL COMMITTEE 2015-16

<b>Dr. C. L. Narayan</b> <b>President</b> Deepayan, Tiha, Kalibari Gaya - 823001 Gaya, Bihar M : 09431223370 Email : drclnarayan@gmail.com	<b>Dr. H. R. Phookun</b> <b>Vice President</b> H. No. - 78, T. R. Phookun Road Bharalumukh Guwahati - 781009 M : 09864041907 Email : hrphookun@gmail.com	<b>Dr. R. K. Lenin Singh</b> <b>Hony. Secretary</b> Wangkhei, Ningthem Pukhri Mapal, Imphal East - 795001 Manipur M : 09862088736 Email : leninrk@yahoo.com	<b>Dr. Abir Mukherjee</b> <b>Hony. Treasurer</b> CL 123, 2nd Floor Salt Lake, Sector 2 Kolkata - 700091 M : 09007008971 Email : abirm2001@yahoo.co.in	<b>Dr. Om Prakash Singh</b> <b>Hony. Editor</b> AA 304, Ashabari Apartments O/31, Baishnabghata Patuli Township, Kolkata 700094 M : 09434013231 Email : opsingh.nm@gmail.com
--	--	---	---	--

### Executive Council (2015-2016)

**Imm. Past President :**  
Dr. Asim Kumar Mallick  
09830045662  
Email : drakm\_58@yahoo.co.in

**Imm. Past Secretary :**  
Dr. Srikumar Mukherjee  
09830029598  
Email : skmukherjee50@gmail.com

### Executive Council Members :

<b>Dr. Kamal N. Kalita</b> 09435113426 Email : knkalita@gmail.com	<b>Dr. S. Gojendra Singh</b> 09436036407 Email : drgojendra@gmail.com	<b>Dr. Deepanjali Medhi</b> 09435115263 Email : deepanjali.medhi@yahoo.com
<b>Dr. Mahesh Hembram</b> 09204234793 Email : maheshincip@gmail.com	<b>Dr. Lumding Star Kharlukhi</b> 09863092069 Email : drlskharlukhi@gmail.com	<b>Dr. S. P. Swain</b> 09861014757 Email : drspswain@rediffmail.com
<b>Dr. Shantibala D. Kojiam</b> 09862578722 Email : beeshantam@gmail.com	<b>Dr. Dipayan Sakar</b> 08805158463 Email : drdipayans@yahoo.com	<b>Dr. K. P. Sharma</b> 09709764610 Email : drkpsanjivani@gmail.com
	<b>Dr. Jyotirmoy Ghosh</b> 09436465793 Email : dr.jyotirmoyghosh55@gmail.com	

### Representatives to Central Council :

**Dr. H. K. Goswami**  
09435394794  
Email : goswamihiranya@yahoo.co.in

**Dr. S. K. Munda**  
09431593648  
Email : drsanjaymunda@gmail.com

### Chairpersons - Sub Committees :

<b>Journal</b> : Dr. O. P. Singh 09434013231 Email : opsingh.nm@gmail.com	<b>Membership</b> : Arabinda Brahma 09830066869 Email : drarabindabrahma04@yahoo.com	<b>R+D</b> : Dr. Debashis Chatterjee 09830060702 Email : c.dev59@gmail.com
<b>Award</b> : Dr. Malay Ghosal 09830161513 Email : ghosal.malay@gmail.com	<b>Scientific</b> : Dr. Sudhir Tindivanam 09431127230 Email : sudhir_32001@yahoo.com	<b>Publication</b> : Dr. Sujit Sarkhel 09836074700 Email : sujitsarkhel@gmail.com
<b>Constitution</b> : Dr. R. R. Ghoshroy 09830055335 Email : roy.ranadipghosh@gmail.com	<b>CME</b> : Dr. Basudeb Das 09431108544 Email : drbasudeb_cip@yahoo.co.in	<b>Finance</b> : Dr. Vinay Kumar 09431011775 Email : dr.vinaykr@gmail.com
<b>Website</b> : Dr. Prabir Paul 09830028697 Email : paulprabir5in@gmail.com	<b>Ethics</b> : Dr. Tophan Pati 09437064922 Email : tophanp@gmail.com	<b>Conference</b> : Dr. U. K. Sinha 09431028685 Email : dr.uksinha@gmail.com

### Representative of State to Zone :

<b>Assam</b> – Dr. Utpal Bora 09435160392 Email : drubindia77@rediffmail.com	<b>Manipur</b> – Dr. S. Manikanta 09862556938 Email : dr.smanikanta@gmail.com	<b>Tripura</b> – Dr. Bimal Bhowmik 09436122308 Email : bimalkrishnabhowmic@gmail.com
<b>Bihar</b> – Dr. Sanjay Kumar 09472001530 Email : ritulbaua@gmail.com	<b>Meghalaya</b> – Dr. L. S. Kharlukhi 09863092069 Email : drlskharlukhi@gmail.com	<b>W.B.</b> – Dr. Ranjan Bhattacharyya 09433053389 Email : drrbcal@gmail.com
<b>Jharkhand</b> – Dr. N. Goyal 09431171162 Email : psynishant@gmail.com	<b>Orissa</b> – Dr. P. K. Mohapatra 09861042539 Email : drpkm2@rediffmail.com	



# Eastern Journal of Psychiatry

Official Publication of the Indian Psychiatric Society  
– East Zone

ISSN 0974-1313

January - June 2016

## CONTENTS

### EDITORIAL

- The Right of Persons with Disability (RPWD) Bill 2016 :.....1  
Proactive Approach Needed to Empower Persons with  
Disability due to Mental Health Problems  
OM PRAKASH SINGH, RANJAN BHATTACHARYYA

### REVIEW ARTICLE

- Neuropsychiatric Aspects of Head Injury - An Overview .....6  
DR. SOUMITRA GHOSH, DR. SANDIPAN NAYEK

### ORIGINAL ARTICLE

- A Study on Job related Stress among School Teachers .....12  
in Different Schools of West Bengal, India  
SUMANTA DAWN, PAYEL TALUKDAR, SUBIR BHATTACHARJEE, OM PRAKASH SINGH
- Burden & Coping in Caregivers of Persons with Dementia.....18  
DR. PRIYAJYOTI CHAKMA, DR. H. K. GOSWAMI
- Prevalence of Common Mental Disorders at a General Health Clinic.....24  
in a Corporate Hospital  
DR. SANJOY SEN, DR. BHASKAR MUKHERJEE

### CASE REPORT

- Levetiracetam Induced Angioedema without Prior Reaction to Phenytoin.....33  
DR. PRIYAJYOTI CHAKMA, DR. BAPPADITYA ROY, DR. PUNYADHAR DAS
- Successful Use of Graded Exposure Therapy in the Treatment.....36  
of Social Phobia in a 10 year old Child  
DR. SATYAKAM MOHAPATRA